

ALLERGEN GUIDE - please note, all dishes may contain traces of all allergens. Please contact us directly on info@motuindiankitchen.com if you require detailed information on allergens.

Dish	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk/Lactose	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Pappadum		X												X
Samosa		X											X	
Samosa Chat		X					X		X					X
Chicken Tikka							X		X					
Tandoori Achari Paneer							X		X				X	
Motu Chicken Curry									X					
Paneer Butter Masala							X		X	X				
Chicken Tikka Masala							X		X	X				
Chicken Biryani							X		X					
Lamb Biryani							X		X					
Chana Masala									X					X
Saag Paneer							X							
Motu Lamb Curry							X		X					
Aubergine Masala							X		X					
Tadka Dal														
Dal Makhani							X							
BBy Aloo							X		X					
Masala Fries		X							X					X

Dish	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk/Lactose	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Paratha		X												
Pilau Rice														
Kachumber Raita							X							
Mango Chutney									X				X	X
Mixed Pickle									X				X	X
Tamarind Chutney														
Gulab Jamun		X					X							
Veg Biryani							X							
Mint Chutney							X							X